



SAILING INSTRUCTIONS_{v3}

1. RULES

1.1 The regatta will be governed by:

- the *rules* as defined in *The Racing Rules of Sailing*;
- the 2013 IRC Rules, Parts A, B and C;
- the 2013 PHRF Regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS);
- the Regatta Regulations. These regulations, which contain any crew or sail limitations, will be available on the Block Island Race Week website (www.blockislandraceweek.com); and

- the ISAF Offshore Special Regulations, Category 5. These regulations are available on the ISAF website (www.sailing.org). A copy of these regulations shall be kept on board while racing. The US SAILING prescriptions to these regulations do not apply.

1.2 The US SAILING Prescriptions to the RRS do not apply, except the prescriptions to RRS 67 (Damages) 76.1 (Exclusion of Boats or Competitors). Those prescriptions will be available on the Block Island Race Week website.

1.3 All boats are strongly encouraged to follow the STC Safety Recommendations and Emergency procedures ("Safety Recommendations"). These Safety Recommendations are available on the Block Island Race Week website. A copy of these Safety Recommendations shall be kept aboard while racing.

1.4 No crew shall be aboard a boat while racing unless he/she has executed a Participant Waiver and Release Form ("Participant Waiver"). Participant Waiver Forms will be available on the Block Island Race Week website and at the registration desk at Race Week Headquarters on Block Island. Registration will not be complete without receipt of a complete Participant Waiver Form.

2. NOTICES TO COMPETITORS

Official Notices to competitors will be posted on the Official Notice Board located at Race Week Headquarters, located near The Oar Restaurant, on Block Island.

3. CHANGES TO SAILING INSTRUCTIONS

Any Amendment to the Notice of Race or Sailing Instructions will be posted prior to 0830 on the day it will take effect except that any change in the scheduled time of racing will be posted by 2000 on the day before.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be flown from the official flagpole at the Block Island Boat Basin and broadcast over designated VHF Fleet channels.

4.2 At approximately 0900, the Race Committee will broadcast their intentions for the day.

4.3 At 0930, the Race Committee will signal with one sound, a Harbor Start for all classes.

4.4 Postponement or abandonment for some or all classes may be signaled instead of the Harbor Start. If the Fleet Flags are displayed over Class Flags, the signals made shall apply only to the classes who's Class Flags are displayed.

4.5 During a postponement ashore, the Race Committee will broadcast status messages on the hour and half-hour. The Warning Signal for the first class will be no earlier than 1 hour and 30 minutes after the AP is lowered. (This changes Race Signal AP).

5. SCHEDULE OF RACES

The Warning Signal for the first race each day is scheduled for 1100.

A maximum of 10 races is scheduled. The Race Committee plans to run as many as three races each day, except the day of The Round The Island Race ("RTIR"). Cruising, Double Handed and Classic Classes will race one race per day.

6. CLASS FLAGS/BOW & BOOM STICKERS/BOW NUMBERS

6.1 Boats will be assigned to Fleets (Red, White, Blue and Green) and Classes (1, 2, 3, etc.) within those Fleets at the sole discretion of the Regatta Committee.

6.2 Boats shall fly from their backstay, the numeral pennant corresponding to their class assignment. Boats without back-stays shall fly the numeral pennant from their starboard standing rigging.

6.3 For all classes except those Classes issued bow numbers, event bow stickers shall be affixed to both port and starboard sides of the hull, 6 inches below the sheer line and 12 inches aft of the stem.

6.4 For some one-design classes, bow numbers will be issued. Bow numbers shall be affixed to port and starboard sides of the hull, 3 inches below the sheer line. The leading edge of the forward number shall be 12 inches aft of the stem. Event bow stickers shall be affixed 3 inches below the sheer line, 12 inches aft of the bow numbers.

6.5 All competitors are requested to apply regatta Boom Stickers to each side of the boom and fly an event flag, issued at Registration, from the backstay, below the numeral pennant, or if no backstay, the starboard standing rigging.

7. RACING AREAS

7.1 There will be three racing circles in Block Island Sound, designated Red, White and Blue Fleets. The Cruising, Double Handed and Classic Classes will constitute the Green Fleet. Some Classes may be allocated to the Green Fleet for windward/leeward racing.

7.2 Except for The Round The Island Race, rendezvous locations are as follows for each day of racing:

Red Fleet: approximately 041° 13.8N / 071° 39.5W

White Fleet: approximately 041° 11.9N / 071° 37.9W

Blue Fleet: approximately 041° 13.4N / 071° 36.5W

Green Fleet: approximately 041° 10.0N / 071 38.7W

7.3 The Round The Island Race start and finish area will be located between approximately 0.5 and 1.0nm West of Bell R "2" at the entrance to The Great Salt Pond.

8. COURSES

8.1 Red, White and Blue Fleet windward/leeward courses are attached in Appendix 1.

8.2 Green Fleet Cruising, Double Handed and Classic Class courses are attached in Appendix 2. Green Fleet windward/leeward courses, if used, will be per Appendix 1

8.3 Round The Island Race courses are attached in Appendix 3

9. MARKS

9.1 Red Fleet: Yellow and white inflatables

White Fleet: Orange and white inflatables

Blue Fleet: Yellow and white inflatables

Green Fleet: Yellow or orange inflatables and government marks.

9.2 In the event of a windward mark change during a race, the new windward mark will be a different color.

9.3 In the event of a subsequent windward mark change, the new windward mark will be an original mark.

9.4 In the event the gate or leeward mark is changed, the original marks will be moved.

10. CHECK-IN

Prior to the first scheduled Warning Signal each day, boats are requested to sail or motor by the stern of the Race Committee Signal Boat and check in by announcing their sail or bow number.

11. THE START

11.1 The Starting Line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a staff displaying an orange flag on a Race Committee Boat or a nearby mark at the port end.

11.2 The Race Committee Signal Boat may use an inflatable "keep-away" buoy. The buoy and the line attaching the buoy, shall be considered to be part of the Signal Boat.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1 See SI 9.2 and 9.3

12.2 The Race Committee will attempt to broadcast any course changes over the designated Fleet VHF channel.

13. THE FINISH

13.1 The Finishing Line will be between a staff displaying a blue flag on the Race Committee boat and a nearby mark. For downwind finishes, the finish line will be on the opposite side of the Signal Boat from the starting line.

13.2 Code Flag "R" displayed at the finish will signify the Race Committee's intention to run an additional race.

13.3 In the interest of starting another race in a timely fashion on multiple-race days, the race committee may assign a finish position to the last finisher(s) in a Class provided that the position(s) can be determined in a reasonable manner.

14. PENALTY SYSTEMS

14.1 Except as changed by instruction 14.2 a boat that may have broken a rule of Part 2 while racing may take a one turn penalty at the time of the incident in compliance with RRS 44.2, or by taking a 20% Scoring Penalty in compliance with RRS 44.3. The 20% penalty shall not be less than two (2) places. All boats that have taken a Scoring Penalty in accordance with rule 44.3 shall submit a written declaration on a form at the jury desk prior to the end of Protest Time. Submitting a written declaration shall satisfy the requirement of rule 44.3(b) to inform the race committee at the finishing line. This changes rule 44.3(b), Scoring Penalty.

14.2 If a boat breaks a rule of Part 2 within the three-length zone of any rounding or passing mark, her penalty shall be a Two-Turns Penalty in compliance with RRS 44.2.

14.3 RRS 44.1 is changed to permit a boat that has not taken a penalty in compliance with sailing instruction 14.1 or 14.2 to take a Scoring Penalty for a breach of a rule of Part 2 prior to the protest hearing. This Scoring Penalty shall be 40% of the number of boats entered (rounding 0.5 upward), but shall not be less than 4 places, added to her actual finish position. However, she shall not be scored worse than DNF.

15. TIME LIMITS

15.1 The time limit for all races, except the Round The Island Race, Cruising, Double Handed and Classic Class races will be three (3) hours from the start of each class.

15.2 The time limit for the Round The Island Race, Cruising, Double Handed and Classic Classes races, will be five (5) hours.

15.3 Boats failing to finish within one hour after the first boat in their class sails the course and finishes, will be scored DNF (This changes RRS 35, A4.1 and A4.2).

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 A boat intending to protest is requested to notify the Race Committee Signal Boat on the designated VHF channel as soon as possible after finishing and identify the protested boat(s).

16.2 Protest Forms will be available at the Protest Desk at the Narragansett Inn Annex. Completed Protest Forms shall be submitted to the Protest Desk as soon as possible but not later than one hour after the protesting boat's Race Committee Signal Boat docks. The protest time limit for each fleet will be posted on the Jury Notice Board and the Official Notice Board.

16.3 Notice of protest hearings will be posted on the Jury Notice Board as soon as possible after the conclusion of the protest time limit. Protest hearings will be scheduled to start as soon as possible after the notices are posted. Representatives of boats that are parties, and their witnesses, shall remain on call in the vicinity of the Protest Desk.

16.4 It is each boat's responsibility to determine if she is a party to a protest by checking the Jury Notice Board and the protest desk at the end of the protest filing time.

16.5 An International Jury may be appointed in accordance with rule 91 (b) and Appendix N. The Jury may be split into panels as envisioned by N1.4 (b). The time limit for filing a written request for a hearing under N1.4 (b) is one hour after the decision is announced. The decisions of the International Jury will be final in accordance with RRS 70.5.

17. ARBITRATION

17.1 For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing will be held prior to a protest hearing.

17.2 One representative from each boat will meet with an arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the jury.

17.3 The arbitrator will not be a member of the jury that hears the protest but will be permitted to observe the testimony given to the jury and offer testimony. This changes RRS 63.3(a).

18. SCORING

18.1 A boat's series score will be the total of her race scores.

18.2 Boats failing to finish within the time limit will be scored DNF and scored points equal to the number of finishers in that race plus one. This changes RRS A4.2.

18.3 One race will constitute a series.

18.4 IRC will be scored time on time.

18.5 PHRF will be scored time on time.

18.6 Teams will be scored by using the average of each team member's percentage placement within its respective class.

18.7 The Vintage Yacht Trophy will be scored by using the average of each Vintage boat's percentage placement within its respective class.

19. SAFETY REGULATIONS

See Sailing Instruction 1. The Regatta Committee may randomly inspect selected boats to check for compliance with safety equipment requirements.

20. RADIO COMMUNICATIONS

20.1 Fleet VHF Channels are as follows:

Red Fleet VHF Channel 69

White Fleet VHF Channel 71

Blue Fleet VHF Channel 72

Green Fleet: VHF Channel 73

20.2 The Round The Island Race VHF Channel will be Channel 72.

20.3 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

20.4 The Race Committee will attempt to hail recalled boats on the designated Fleet VHF channel. Failure to hear, timing or the order of the hails will not be grounds for redress. This changes RRS 62.

21. PRIZES

21.1 Class prizes for each day's racing will be presented daily.

21.2 Class prizes for the series, Championship Awards and BIRW Perpetual Trophies will be awarded at the final Awards Ceremony on Friday June 28th.

21.3 The Island Sailing Club of Cowes Perpetual Trophy and a Rolex timepiece will be awarded to the overall winner of the Round The Island Race.

APPENDIX 1

RED, WHITE and BLUE FLEET COURSES

A1.1 Shall be windward/ leeward courses leaving all marks in sequence to port.

A1.2 The Race Committee Signal Boat will display the approximate bearing (magnetic) and range (in nautical miles) to the windward mark. It will also display the class numeral and course for each class.

A1.3 When the first mark of the course is to be a change mark, code flag "C" will be displayed by the starting line Signal Boat at or before the warning signal, accompanied by repetitive sound signals.

A1.4 With the windward mark there may also be an offset mark. The windward mark and the accompanying offset mark shall be left to port. A single windward mark shall be left to port.

A1.5 A gate may be used in place of a leeward mark. If a gate is not in place, boats shall leave the leeward mark to port.

A1.6 In the event of a windward finish, the finish line will be located approximately 0.1nm to windward of the most distant windward mark.

A1.7 In the event of a leeward finish, the finish line will be located approximately 0.2nm to leeward of the leeward mark.

A1.8

Course "2" consisting of 2 legs, finish to leeward (1, F).

Course "3" consisting of 3 legs, finish to windward (1, 2, F).

Course "4" consisting of 4 legs, finish to leeward (1, 2, 1, F).

Course "5" consisting of 5 legs, finish to windward (1, 2, 1, 2, F).

Course "6" consisting of 6 legs, finish to leeward (1, 2, 1, 2, 1, F).

APPENDIX 2

GREEN FLEET

CRUISING, DOUBLE HANDED and CLASSIC CLASS COURSES

A2.1 Will be designated by letters corresponding with the list below and will be posted on a course board displayed on the Green Fleet Race Committee Signal Boat. The first leg will be from the Start to a weather mark as described in Appendix 1, A1.2. All classes shall then proceed to marks to be left in the order shown and are to be left to port or starboard as indicated by the letter "P" or "S" next to each letter designation. The finish line for all classes will be between a staff displaying a blue flag on the Race Committee Signal boat located in the Start area and a nearby mark on the opposite side of the Signal Boat from the Starting Line .

A2.2 Marks

"E" Green Bell "1BI" off North Reef.

"F" Red Bell R "2" off the entrance to Great Salt Pond.

"G" Red Bell R "6" approx. 0.3 miles W of Southwest Point.

"H" Red Whistle "4" approx. 1.0 mile SW of Southwest Point.

"I" Red Bell R "2" FI R 2.5s Whis at Southwest Ledge

"J" Yellow Inflatable Tetrahedron located at approximately
41° 10.0N / 71° 38.7W

"L" GR "BIS" FI (2+1) G west of Southwest Ledge

"M" G "1" FI G Gong at the Eastern End of Endeavor Shoals

A2.3 The Race Committee may use the Round The Island Race

Course for the Cruising, Double Handed or Classic Classes. This will be signaled by the letter "A" or "C" displayed on the Race Committee Signal Boat.

GREEN FLEET

WINDWARD / LEEWARD COURSES

A2.4 Will be in accordance with APPENDIX 1

APPENDIX 3

ROUND THE ISLAND RACE

A3.1 The Race Committee will announce the Round The Island Race over the designated fleet VHF channels at 0900 (Harbor Signals) and by flying Flag "A" or "C" from the Official Flagpole.

A3.2 VHF Channel 72 will be the designated channel for the Round the Island Race. After their fleet announcements at 0900 all fleets shall switch and monitor VHF 72 for future announcements.

A3.3 All fleets will Rendezvous approximately 0.5 -1.0 nm West of Bell "R-2".

A3.4 The Start will be between staffs displaying orange flags on Race Committee Boats at each end of the Starting Line.

A3.5 Classes will be combined for starts. Class starting sequence will be posted on the official Notice Board by 1400 Sunday June 23 and announced on each Fleet Channel at 0900. Course designation will be posted on the Race Committee Signal Boat.

A3.6 Course "A" Counter Clockwise Round The Island Race: The Race Committee may set windward marks for different classes, windward marks will be yellow tetrahedrons, to be left to port. The Race Committee Signal Boat will display the approximate bearing (magnetic) and range (in nautical miles) to each of the windward marks.

After the first mark, if used, the following are the marks of the course that must be left to port:

- a. Red Bell "6" approx. 0.3 miles W of Southwest Point.
- b. Red Whistle "4" approx. 1.0 mile SW of Southwest Point.
- c. Red Nun "2" approx. 0.4 miles SSW of Black Rock Point.
- d. Special Mark "A", a yellow inflatable positioned at approximately:
41° 8.50N / 071° 34.00W
- e. Special mark "B", an orange inflatable positioned at approximately
41° 09.10N / 071° 32.50W
- f. Special Mark "C", a yellow inflatable positioned at approximately:
41° 10.00'N / 071° 32.00W
- g. Green Bell "1" N off Old Harbor.
- h. Green Can "7" N off Old Britton Rock.
- i. Green Bell "1BI" off North Reef.

The Finish will be in the vicinity of The Start and will be between staffs displaying blue flags on Race Committee Boats at each end of the Finish Line or between a staff displaying a blue flag on a Race Committee Boat and a nearby mark.

A3.7 Course "C" Clockwise Round The Island Race: The Race Committee may set windward marks for different classes, windward marks will be yellow tetrahedrons, to be left to starboard. The Race Committee Signal Boat will display the approximate bearing (magnetic) and range (in nautical miles) to each of the windward marks.

After the first mark, if used, marks of the course shall be left to starboard in the reverse order designated in Course "A".

A3.8 The Finish will be in the vicinity of The Start and will be between staffs displaying blue flags on Race Committee Boats at each end of the Finish Line or between a staff displaying a blue flag on a Race Committee Boat and a nearby mark.

APPENDIX 4

DOUBLE HANDED CLASS REQUIREMENTS

For boats in the Double Handed Class, the following additional requirements shall be in effect:

A4.1 Crew is limited to 2 persons, each of which shall be at least 18 years of age. Parent/child team MAY be permitted by special request.

A4.2 Wind vanes and/or autopilots may be used without penalty.

A4.3 Safety lines (jack lines) leading forward from both sides of the cockpit to the bow, well secured at each end, shall be rigged throughout the race.

A4.4 Competitors sailing in the double-handed division are permitted to utilize radio communications amongst themselves while racing. This changes rule 41.